**Surgical Care Improvement Project (SCIP)** began as a national quality partnership committed to improving patient safety by driving down postoperative complications by 25% by 2010. By implementing SCIP quality measures, it is estimated that hospitals can prevent an estimated 13,000 patient deaths and 271,000 surgical complications each year (*AORN J 86 (July 2007)94-101*). SCIP is a national priority of the Institute of Healthcare Improvement (IHI) 10,000 lives Campaign, a focus for The Joint Commission and The Centers for Medicare and Medicaid Services (CMS). SCIP continues to be an area with an opportunity for improvement at UHS facilities. Improvement in the quality of perioperative care delivery can be evidenced by achieving and sustaining 100% in all SCIP measures.

#### The SCIP measures include:

- A. Antibiotic Prophylaxis:
  - 1.) Antibiotic received within one hour prior to surgical incision, SCIP INF 1
  - 2.) Appropriate Antibiotic selection for surgical patients, SCIP INF-2 and
  - **3.)** the Prophylactic Antibiotics discontinued within 24 hours after surgery time, 48 hours for CABG and other cardiac surgery. SCIP INF-3
- **B.** Cardiac surgery patients with controlled 6am postoperative serum glucose (≤ 200 mg/dL) on post-op day 1 and 2.
- **C.** Surgery patients with appropriate hair removal. No hair removal, or removal with **clippers** or depilatory is considered appropriate, with few exceptions.
- **D.** Colorectal surgery patients with immediate normothermia (≥96.8 °F) within the first hour after leaving operating room.
- **E.** Surgery patients on Beta Blocker Therapy prior to admission who received a Beta Blocker during the perioperative period (prior to leaving the post operative acute care unit (PACU) or within six hours for those not recovered in the PACU).
- F. Venous Thromboembolism (VTE) Prophylaxis:
  - 1.) Surgery patients with recommended VTE prophylaxis ordered,
  - **2.)** Surgery patients who receive appropriate VTE prophylaxis within 24 hours prior to surgery to 24 hours after surgery.

Type of Surgery	Beta Blocker Recommendation
	nented contraindication, who take a beta-blocker prior to surgery, a beta blocker should be used incidence of post-operative atrial fibrillation.
Common Beta Blockers	Bisoprolol
	metopolol tartrate
	propranolol
For patients without contrain	ndications who are undergoing noncardiac surgery and are currently on beta-blocker therapy, a

beta-blocker should be used during the perioperative period

For patients who are undergoing non-cardiac procedures, and NOT on a beta blocker prior to surgery, the evidence for the perioperative initiation of a beta-blocker for the prevention of perioperative outcomes is conflicting.

Zynx References: Yup, sk., Tait, G., Karkaoit, K., Wijeysundera, D., McCluskey, S. Beattie, W.S., The Safety of perioperative esmolol: a systematic review and meta-analysis of randomized controlled trials. Anesth Analg. 2011;112:267-81; Bangalore S, Wetterslev J, Pranesh S, Sawhney S, Gluud C, Messerli FH. Perioperative beta blockers in patients having non-cardiac surgery: a meta-analysis. Lancet. 2008;372:1962-76. Beattie WS, Wijeysundera DN, Karkouti K, McCluskey S, Tait G. Does tight heart rate control improve beta-blocker efficacy? An updated analysis of the noncardiac surgical randomized trials. Anesth Analg. 2008;106:1039-48, table of contents.

## **Surgical Care Improvement Project (SCIP) Continued**

Type of Surgery	Antimicrobial Recommendation		
CABG, other Cardiac or	Single Agents: CeFAZolin 1-2 gm IV or CefurOXime or Vancomycin.		
Vascular	<u>If</u> ß-Lactam Allergy: Clindamycin 600-900 mg IV or Vancomycin 1 g IV.		
	If known history of MRSA: Vancomycin 1 g IV or Clindamycin		
Colon	Single Agents: CefOXitin 1-2 g IV. Cefotetan, Ampicillin sulbactam or ertapenem; Combination		
	regimen MetroNIDAZOLE 500 mg IV and CeFAZolin or cefuroxime		
	If ß-Lactam Allergy: Clindamycin <u>and</u> aminoglycoside or Quinolone or aztreonam or Aminoglycoside		
	<u>and</u> MetroNIDAZole or Quinolone <u>and MetrNIDAZole</u>		
General Surgery (hepatectomy	Single Agent: CeFAZolin 1g IV		
gastrectomy)	If ß-Lactam Allergy: MetroNIDAZole 500 mg IV and Ciprofloxacin 400 mg IV		
Other General Surgical Procedures	Single Agent: CeFAZolin 1-2 g IV. If ß-Lactam Allergy: Clindamycin 600-900 mg IV or Vancomycin		
(e.g. hernia repair, breast)	1 g IV. If known history of MRSA: Vancomycin 1 g IV		
Gynecological Procedures	Single Agent: ceFAZolin 1 g IV, Cefoxitin 1-2 g IV, cefotetan or cefurOXime;		
(e.g. hysterectomy -is included	If c-section and group B Strep prophylaxis: ceFAZolin, ampicillin or penicillin		
in SCIP)	If ß-Lactam Allergy: MetroNIDAZole 500 mg IV and Aminoglycoside,		
	MetroNIDAZole <i>and</i> clindamycin or Quinolone or Clindamycin <i>and</i> aztreonam		
** if Hysterectomy with colon	Single Agent: Cefoxitin 1-2 g IV, ceFAZolin, cefotetan or cefurOXime or ampicillin/sulbactam or		
surgery	ertapenem		
	If ß-Lactam Allergy: MetroNIDAZole 500 mg IV and Aminoglycoside, Clindamycin and		
	Aminoglycoside or Clindamycin and aztreonam or MetroNIDAZole and Quinolone		
Neurosurgery	Single Agent: CeFAZolin 1-2 g IV. If ß-Lactam Allergy: Clindamycin 600-900 mg IV or Vancomycin 1		
Neurosurgery	g IV. If known history of MRSA: Vancomycin 1 g IV		
Orthopedic: Hip/Knee	Single Agent: CeFAZolin 1-2 g IV. Or CefurOXime or vancomycin		
Arthroplasty	If ß-Lactam Allergy: Clindamyin 600-900 mg IV or Vancomycin 1 g IV.		
	If known history of MRSA: Vancomycin 1 g IV		

American Academy of Orthopaedic Surgeons, American Association of Critical Care Nurses, American Association of Nurse Anesthetists, American College of Surgeons, American College of Osteopathic Surgeons, American Geriatrics Society, American Society of Anesthesiologists, American Society of Colon and Rectal Surgeons, American Society of Health-System Pharmacists, American Society of PeriAnesthesia Nurses, Ascension Health, Association of periOperative Registered Nurses, Association for Professionals in Infection Control and Epidemiology, Infectious Diseases Society of America, Medical Letter, Premier, Society for Healthcare Epidemiology of America, Society of Thoracic Surgeons, Surgical Infection Society. Antimicrobial prophylaxis for surgery: an advisory statement from the National Surgical Infection Prevention Project. Clin Infect Dis 2004 Jun 15;38(12):1706-15. [90 references] PubMed Edwards FH, Engelman RM, Houck P, Shahian DM, Bridges CR, Society of Thoracic Surgeons. The Society of Thoracic Surgeons Practice Guideline Series: Antibiotic Prophylaxis in Cardiac Surgery, Part I: Duration. Ann Thorac Surg 2006 Jan;81(1):397-404. PubMed

**Surgical Care Improvement Project (SCIP) Continued** 

Surgical Care Improvement Project (	SCIP Continued
Surgery & Level of Risk	Recommended VTE Prophylaxis
General surgery, moderate – high risk (Open surgical	Any of the following: Low-dose Unfractionated Heparin (LDUH)
procedure > 30 minutes requiring in hospital stay > 24	5000units bid or tid ● Low Molecular Weight Heparin (LMWH) ●Factor
hours post-op)	Xa Inhibitor ● LDUH or ●LMWH combined with Intermittent Pneumatic
	Compression (IPC) or Graduated Compression Stockings (GCS).
General surgery with high risk for bleeding (based on	Any of the following: ● GCS ● IPC
physician documentation of bleeding risk) Open surgical	Of note is the recommendation that IPCs be worn 23 hours a day to be
procedure > 30 minutes requiring hospital stay > 24 hours	effective
post-op	
Gynecologic surgery - Open surgical procedure > 30	Any of the following: ● LDUH 5000 units bid or tid ●LMWH ●IPC ●LDUH
minutes and requiring hospital stay > 24 hours post-op	●Factor Xa Inhibitor or ●LMWH combined with IPC or GCS
<b>Urologic surgery</b> - Open surgical procedure > 30 minutes	Any of the following: ●LDUH 5000 units bid or tid ●LMWH ●IPC ●GCS
requiring hospital stay > 24 hours post-op	●Factor Xa Inhibitor ●LDUH or ●LMWH combined with IPC or GCS
Elective total hip replacement - Open surgical	Any of the following started within 24 hours of surgery: ● LMWH ●Factor
procedure > 30 minutes requiring hospital stay > 24 hours	Xa Inhibitor ●Oral Factor Xa Inhibitor ● Adjusted-dose Warfarin (INR
post-op	target 2.5, range 2.0-3.0)
Elective total knee replacement - Open surgical	Any of the following started within 24 hours of surgery: ● LMWH ●Factor
procedure > 30 minutes requiring hospital stay > 24 hours	Xa Inhibitor ●Oral Factor Xa Inhibitor ● Adjusted-dose Warfarin (INR
post-op	target 2.5, range 2.0-3.0)
Hip fracture surgery - Open surgical procedure > 30	Any of the following: ● LMWH ● LDUH ● Factor Xa Inhibitor● Adjusted-
minutes requiring hospital stay > 24 hours post-op	dose Warfarin (INR target 2.5, range 2.0-3.0)
Hip fracture surgery or elective total hip replacement	Any of the following: ● GCS ● IPC
with high risk for bleeding (based on physician	Of note is the recommendation that IPCs be worn 23 hours a day to be
documentation of bleeding risk) Open surgical procedure	effective
> 30 minutes requiring in hospital stay > 24 hrs post-op	
Elective spinal surgery (With additional risk factors such	Any of the following:
as advanced age, known malignancy, presence of a	LDUH ● IPC ● LMWH ● GCS ● IPC combined with GCS
neurologic deficit, previous VTE, or an anterior surgical	LDUH or LMWH combined with IPC or GCS
approach) (Open surgical procedure > 30 minutes	Of note is the recommendation that IPCs be worn 23 hours a day to be
requiring hospital stay > 24 hours post-op)	effective
Intracranial neurosurgery (Open surgical procedure >	Any of the following:
30 minutes requiring hospital stay > 24 hours post-op)	LMWH ● IPC with or without GCS ● LDUH ● LDUH or LMWH combined
	with IPC or GCS

Patients who receive neuraxial anesthesia or have physician documented bleeding risk may pass the performance measure if appropriate pharmacologic or mechanical prophylaxis is ordered. <a href="http://ahrq.hhs.gov/qual/vtguide">http://ahrq.hhs.gov/qual/vtguide</a> last accessed 01/03/12 ACCP Guidelines. Preventing VTE in Hospitalized Patients: Progress and Remaining Challenges – Geerts (2011). <a href="http://www.ahrq.gov/clinic/ptsafety">www.ahrq.gov/clinic/ptsafety</a> CMS SCIP \_4.0

### So What is Your Role? SCIP Adapted from the Stanford Best Practices Model

	ROIE? SCIP Adapted from the Stanford Best Practices Model
ROLE OWNER	DESCRIPTION
Anesthesiologists:	Take pre-op antibiotics with patient from pre-op area
	• Start/administer ALL pre-op antibiotics in OR prior to surgical incision.
	Document antibiotic name and administration time on Anesthesia Record
	Document Beta Blocker assessment and time of last dose within 24 hours
	Actively participate in "Time-out"
	• Verify Beta Blocker is given when appropriate before the patient transfers from the PACU to the
	unit or within six hours of surgery end time when patient is recovered in a unit other than the
	PACU.
Surgeons:	Order appropriate antibiotics and discontinue within 24 hours after surgery, except cardiac
	surgeries (can be found above, in the CDC antibiotic stewardship guidelines, on the pre-printed
	Evidenced-based order sets, on the zynx tools, on the ACC and ATS and national SCIP Partnership,
	IHI and AHRQ sites & on the Sharepoint )
	• Order Venous Thromboembolism (VTE) prophylaxis per guidelines (can be found on pre-printed
	Evidence-based order sets, zynx tools, ACCP VTE 7 <sup>th</sup> Congress, ACS guidelines, IHI, AHRQ, & above,
	on this document)
	• If no antibiotic is indicated for surgery, please document in patient's chart.
	• If no chemical VTE prophylaxis order, please document contraindication, such as risk for bleeding.
Pharmacist	Review all surgery patients medications prior to surgery; preferably from preadmission
	information when surgery is scheduled and surgeons orders are received, including prophylactic
	antibiotic and VTE prophylaxis.
	• If prophylactic antibiotic and/or VTE prophylaxis orders are not appropriate, contact the
	surgeon.
	If prophylactic antibiotic is unit dose dispensed, release only the appropriate number of
	units/doses for the patient/case verify surgery end time with PACU Nurse— create a hard stop.
Proactive Chart	Check for antibiotic and VTE orders.
Manager/Pre-	Notify surgeon's office if orders are missing or not complete.
admission Nurse:	Collect patient list of prescription, OTC and herbal medications
prior to day of	Send patient's medications list to pharmacy for review along with surgeon's orders
surgery Pre-Op RN/ Holding	
Area	If antibiotic section in pre-op order form is not complete, call Surgeon.  Obtain and and any analytication from Provide Report of the section of the s
Aica	Obtain ordered pre-op antibiotic from Pyxis/pharmacy. Place on patient's chart with patient's      Inhal/hang the patient and the property patients and the OR.
	label/hang the antibiotic on the pole prior to patient moving to the OR.
	Check if VTE prophylaxis is ordered (SCDs and/or Heparin).      If no VTE prophylaxis is ordered, call MD.
OR RN	• If no VTE prophylaxis is ordered, call MD.
OR KN	• Actively participate in "Time Out". Include review of prophylactic antibiotic start before incision
DAGU DV	
PACU RN:	Verify surgery end time, antibiotic, VTE and beta blocker orders with pharmacist.
	Administer antibiotic and VTE prophylaxis and beta blocker as needed.
	• Document in PACU report form and communicate to unit RN name of antibiotic and verify time of
	administration, VTE prophylaxis and beta blocker, if applicable, prior to patient leaving PACU
Unit RN:	• When getting report from PACU nurse, verify completion of documentation of antibiotic, VTE and
	beta blocker.
	Verify time of last antibiotic dose in PACU report form.
	Look in OR case record for the surgery end time.
	• Ensure entire course of post-op prophylactic antibiotics are administered within 24 hours from
	Surgery end time, 48 hours for CABG.

**Community Acquired Pneumonia** (CAP) is defined most often as pneumonia not acquired in a hospital or long-term care facility. Despite the availability of potent new antimicrobials and effective vaccines, an estimated 5.6 million cases of CAP occur annually in the United States. The estimated total annual cost of health care for CAP in the United States is \$8.4 billion. According to the Centers for Disease Control and Prevention 2001 data, influenza and pneumonia were the seventh leading cause of death in the United States.

Evidence based practices supported by the American Academy of Family Practice, the Infectious Disease Society of America, the American Thoracic Society and others include:

- use of chest radiography when CAP is suspected,
- use of the Pneumonia Severity Index to assist in decisions regarding hospitalization or outpatient treatment,
- initial treatment with empiric and macrolides or doxycyline (Vibracycin) in most patients and
- use of respiratory fluoroquinolones when patients have failed first-line regimens, have significant comorbidities, have had recent antibiotic therapy, are allergic to alternative agents, or have a documented infection with highly drug-resistant pneumococci.

According to Dr. Paula Peyrani, pneumonia represents significant morbidity and mortality risks to patients, increased healthcare costs and potential risk to healthcare workers. In the APIC Guidelines, she defines components of an effective infection control program necessary to improve medical care and patient outcomes. The components, now included in public reporting, are:

- identifying the most likely etiology of the pneumonia,
- targeting and streamlining antimicrobial therapy,
- developing and implementing strategies to prevent development of pneumonia and
- ensuring the safety of other patients and healthcare workers through immunization and environment controls.

Collecting blood cultures prior to antibiotic administration offers the best hope of identifying the organism that caused sepsis in an individual patient. Failure to check blood cultures prior to antibiotic infusion will, perhaps affect the growth of any blood borne bacteria and prevent a culture from becoming positive later.

Studies show that the best way to consistently achieve key recommendations for practice and cost-saving approaches to the treatment of patients with CAP is by using a clinical pathway. Clinical pathways are a method of facilitating multidisciplinary patient care by moving processes of care sequentially through various stages, within specified time frames, toward a desired outcome. Pathways should be specific to each institution and patient, and encourage the use of the most active, cost-effective agents to produce rapid, positive clinical outcomes. Evidence of providing care that is consistent with the evidence based guidelines for patients with CAP can be shown by achieving 100% on the following measures:

- 1.Oxygen assessment
- 2.Blood culture drawn before the first dose of antibiotics is administered
- 3. First dose of antibiotics within six hours of arrival
- 4. Appropriate antibiotic selection
- 5. Influenza and pneumonia vaccination, and
- 6. Smoking cessation counseling

Outcome measure: 30 day mortality rate

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Fine MJ, Pratt HM, Obrosky DS, Lave JR, McIntosh LJ, Singer DE, et al. Relation between length of hospital stay and costs of care for patients with community-acquired pneumonia. Am J Med. 2000;109:378–85.

Coffey RJ, Richards JS, Remmert CS, LeRoy SS, Schoville RR, Baldwin PJ. An introduction to critical paths. Qual Manag Health Care. 1992;1:45-54

The Pneumonia severity Index can serve as a general guideline for management. However, clinical judgement should always supersede a prognostic score

# **Pneumonia Severity Index**

### Patient Characteristics Points Demographics

Demographics			, ,	
Male		Age	(years)	
Female		Age (yea	ars) - 10	
Nursing home resident		+ 10		
Comorbid illness				
Neoplastic disease		+ 30		
Liver disease		+ 20		
Congestive heart failure		+ 10		
Cerebrovascular disease		+ 10		
Renal disease		+ 10		
Physical examination findings				
Altered mental status		+ 20		
Respiratory rate > 30 breaths per minu	te	+ 20		
Systolic blood pressure < 90 mm Hg		+ 20		
Temperature < $35^{\circ}$ C ( $95^{\circ}$ F) or > $40^{\circ}$ C (	104°F)	+ 15		
Pulse rate > 125 beats per minute		+ 10		
Laboratory and radiographic finding	s			
Arterial pH < 7.35		+ 30		
Blood urea nitrogen > 64 mg per dL				
(22.85 mmol per L)				
		+ 20		
Sodium < 130 mEq per L (130 mmol per	er L)	+ 20		
Glucose > 250 mg per dL (13.87 mmol per L)		+ 10		
Hematocrit < 30 percent		+ 10		
Partial pressure of arterial oxygen < 60	r			
oxygen percent saturation < 90 percent	t			
		+ 10		
Pleural effusion		+ 10		
Tota	al points:			
Point total	Risk	Risk Class	Mortality% (# of Patients)	Recommended Site of care
No predictors	Low	I	0.1 (####)	Outpatient
< 70	Low	II	0.6 (####)	Outpatient
71 to 90	Low	III	2.8 (####)	Inpatient
				(briefly)
91 to 130	Moderat	e IV	8.2 (####)	Inpatient
> 130	High V		29.2 (####)	Inpatient
	5		, , , ,	

<sup>\*</sup>The Pneumonia severity Index can serve as a general guideline for management. However, clinical judgement should always supersede a prognostic score.

The <u>Centers for Medicare & Medicaid Services (2011)</u> & <u>The Joint Commission (2011)</u> specify the following antimicrobials for adult patients hospitalized with CAP: <u>Reference ZynxEvidence</u> last minor update Dec 11, 2011; last major update Sept 12, 2010

Regimens by Patient Type	Specified Antimicrobials
Inpatient, Non-ICU  IV or oral macrolide + IV or intramuscular beta-lactam  Or  IV or intramuscular beta-lactam + IV or oral doxycycline  Or  IV tigecycline monotherapy  Or  IV or oral antipneumococcal quinolone monotherapy	<ul> <li>Beta-lactams for inpatients not in the ICU include ampicillin/sulbactam</li> <li>Carbapenems: ertapenem for inpatient, not ICU</li> <li>Macrolides: clarithromycin, and azithromycin</li> <li>Cephalosporins: Cefotaxime, ceftaroline</li> <li>Quinolones: gemifloxan, levofloxan, moxifloxan</li> <li>Tetracyclines: Doxycycline</li> <li>Regimens: ( cefTRIAXone, cefotaxime, ceftaroline, , or ertapenem) and Doxycycline or (Cefotaxime, cefTRIAXone, ceftaroline, ampicillin-sulbactam, or ertapenem) + (azithromycin or clarithromycin) or Gemifloxacin, levofloxacin, or moxifloxacin</li> <li>Inpatient suspected MRSA: Vancomycin, clindamycin, linezolid</li> </ul>
ICU Patients  IV macrolide + (IV beta-lactam or IV antipneumococcal/antipseudomonal beta-lactam)  Or  IV antipseudomonal quinolone + (IV beta-lactam or IV antipneumococcal/antipseudomonal beta-lactam)  Or  IV antipneumococcal quinolone + (IV beta-lactam or IV antipneumococcal quinolone + (IV beta-lactam or IV antipneumococcal/antipseudomonal beta-lactam)  Or  IV antipneumococcal/antipseudomonal beta-lactam + IV aminoglycoside + (IV antipneumococcal quinolone or IV macrolide)  Or  For patients with Y pestis or F tularensis risk as determined by another source of infection, the following is also acceptable: IV doxycycline + (IV beta-lactam or IV antipneumococcal/antipseudomonal beta-lactam)	<ul> <li>Macrolides for inpatients in the ICU include erythromycin and azithromycin</li> <li>Beta-lactams for inpatients in the ICU include cefTRIAXone, cefotaxime, and ampicillin/sulbactam</li> <li>Antipneumococcal/antipseudomonal beta-lactams for inpatients in the ICU include cefepime, imipenem, meropenem, piperacillin/tazobactam, and doripenem</li> <li>Antipneumococcal quinolones for inpatients in the ICU include moxifloxacin and levofloxacin*</li> <li>Antipseudomonal quinolones for inpatients in the ICU include ciprofloxacin and levofloxacin*</li> <li>Aminoglycosides for inpatients in the ICU include gentamicin, tobramycin, and amikacin</li> </ul>
Inpatient, Non-ICU: at risk for P aeruginosa IV antipneumococcal/antipseudomonal beta-lactam + IV or oral antipseudomonal quinolone Or IV aminoglycoside + IV antipneumococcal/antipseudomonal beta-lactam + (IV or oral antipneumococcal quinolone or IV or oral macrolide)  Inpatient, Non-ICU: at risk for P aeruginosa with an allergy to beta-lactam IV or intramuscular aztreonam + IV or oral antipneumococcal quinolone + IV aminoglycoside Or For patients with renal insufficiency: IV or intramuscular aztreonam	<ul> <li>Antipneumococcal quinolones for non-ICU inpatients at risk for P aeruginosa include moxifloxacin, levofloxacin*, and gemifloxacin</li> <li>Antipseudomonal quinolones for non-ICU inpatients at risk for P aeruginosa include ciprofloxacin and levofloxacin*</li> <li>Antipneumococcal/antipseudomonal beta-lactams for non-ICU inpatients at risk for P aeruginosa include piperacillin/tazobactam, meropenem, imipenem, cefepime, and doripenem</li> <li>Macrolides for non-ICU inpatients at risk for P aeruginosa include erythromycin, azithromycin, and clarithromycin</li> <li>Aminoglycosides for non-ICU inpatients at risk for P</li> </ul>

**CAP Antimicrobial Alpha listing:** Amikacin, ampicillin/sulbactam, Azithromicin, cefepime, cefTRIAXone, cefotaxime, ciprofloxacin, clarithromycin, cefepime, doripenem, erythromycin, ertapenem, gemifloxacin, gentamicin, gentamycin, imipenem, levofloxacin, meropenem, moxifloxacin, piperacillin/tazobactam, tobramycin

amikacin

aeruginosa include tobramycin, gentamicin, and

+ IV or oral levofloxacin\*

So What is Your Role in Community Acquired Pneumonia?

ROLE	DESCRIPTION
OWNER	DESCRIPTION
Triage Nurse:	<ul> <li>Complete 30-60 second respiratory distress assessment for common clinical symptoms of CAP including cough, fever, chills, fatigue, dyspnea, rigors, and pleuritic chest pain, fever &gt;38 C (or 100.4 F) vs symptoms of heart failure or AMI.</li> <li>Implement Pneumonia Triage protocol/guidelines if symptoms present.</li> <li>Draw blood culture with first order for labs if not part of protocol and hold pending possible blood culture order</li> <li>Pulse Oxymetry and vaccination status Assessment with vital sign and other assessment</li> <li>Begin Pneumonia six hours to antibiotic count down clock</li> </ul>
ED Physician:	<ul> <li>Complete physical examination</li> <li>If pneumonia suspected, implement Pneumonia pre-printed/electronic order set for selection of:         <ul> <li>-chest radiography, labs, etc.</li> </ul> </li> <li>Listing for selection of appropriate antibiotics and guidelines for CAP can be found above, in the CDC antibiotic stewardship guidelines, on the pre-printed/electronic evidenced-based order sets, on <a href="www.Zynx.com">www.Zynx.com</a>, on the ATS, IHI and AHRQ web sites and the physician i-phone/droid software application.</li> <li>Determine risk class with *pneumonia severity index score</li> </ul>
Pharmacist	<ul> <li>Review all medication orders for appropriateness prior to administration of the first dose.</li> <li>Contact the physician if the antibiotic orders are not appropriate or a contraindication is noted.</li> <li>.</li> </ul>
Proactive Chart Manager/ Case Manager – prior to discharge	•Check for vaccination and smoking cessation couseling status.     •Notify physician if orders are missing or not complete, including influenza or pneumococcal vaccinations.
ICU RN:	<ul> <li>Review ED orders or assess and complete blood culture draw prior to first dose of antibiotic administration</li> <li>Verify oxygen assessment if direct admit or inpatient transfer</li> <li>Verify vaccination status and administer at first opportunity if needed</li> <li>Verify smoking cessation counseling needs and provide at first opportunity if needed</li> </ul>
Non-ICU Unit RN:	<ul> <li>When getting report from ED/ICU nurse, verify completion of vaccination status/need for influenza and/or pneumococcal vaccination, smoking cessation education counseling and complete at first opportunity if needed</li> <li>Verify time of last dose of antibiotics in ED/ICU report.</li> <li>Verify completion of education and immunizations prior to completion of discharge.</li> </ul>
Attending/Primary Physician	<ul> <li>Complete physical examination</li> <li>If pneumonia/pneumonia suspected,implement pneumonia pre-printed/electronic order set for selection of:         <ul> <li>-chest radiography, labs, etc.</li> </ul> </li> <li>Listing for selection of appropriate antibiotics and guidelines for CAP can be found above, in this document, in the CDC antibiotic stewardship guidelines, on the pre-printed/electronic evidenced-based order sets, on <a href="www.Zynx.com">www.Zynx.com</a>, on the ATS, IHI and AHRQ web sites and the physician i-phone/droid software application.</li> <li>Determine risk class with *pneumonia severity index score.</li> </ul>

**Congestive Heart Failure** (HF) is a complex clinical syndrome that can result from any structural or functional cardiac disorder that impairs the ability of the ventricle to fill with or eject blood. It is characterized by dyspnea and fatigue secondary to structural and functional changes in the heart. Because not all patients have volume overload at

the time of initial or subsequent evaluation, the term "heart failure" is often preferred over the term "congestive heart failure." It is not uncommon to see either term used.

The IHI 5 Million Lives Campaign, the National Partnership for Patients and multiple other studies show that the first job for hospitals is to reliably implement the in-hospital evidence-based interventions for heart failure. The next step is for hospitals to go beyond basic discharge planning and focus intensly on improving the transition of patients from hospital to ambulatory care in order to have a much greater impact on reducing rehospitalizations. Numerous studies have deomonstrated the benefits of assuring that every patient receives the right medications throughout hospitalization and discharge and ensuring that the patient understands and engages in appropriate follow up care, be that to home unassisted, to cardiac rehabilitation or something in between. Hospitals can play a pivotal role in both inpatient care and in initiating a strong post discharge ambulatory care plan.

Studies have established a firm evidence base indicating that specific components of heart failure care reduce morbidity and mortality. The following key care components should be provided to all patients with heart failure in the absence of contraindications or intolerance:

- 1. Left ventricular systolic (LVS) function assessment
- 2. ACE-inhibitor or angiotensin receptor blockers (ARB) at discharge for CHF patients with systolic dysfunction (Left Ventricular Ejection Fraction (LVEF) <40%)
- 3. Beta-blocker therapy at discharge for stabilized patients with left ventricular systolic dysfunction, without contraindications\*.
- 4. Anticoagulant at discharge for CHF patients with chronic or recurrent atrial fibrillation

CMS Core Measures. It is one of the key performance measures in the AHA's Get With the Guidelines -HFSM initiative.

- 5. Smoking cessation advice and counseling
- 6. Discharge instructions that address all of the following: activity level, diet, discharge medications, follow-up appointment, weight monitoring, and what to do if symptoms worsen
- 7. Influenza immunization (seasonal)
- 8. Pneumococcal immunization
  Outcome measure: Heart Failure 30 day mortality rate

\*although strongly supported by the IHI Campaign and the AHA/ACC 2005 Guideline Update for the Diagnosis and Management of Chronic Heart Failure in adult patients, beta-blocker therapy at discharge is *not included* in the ACC/AHA Heart Failure Clinical Performance Measures or JCAHO and

Phillips CO, Wright SM, Kern DE, Singa RM, Shepperd S, Rubin HR. Comprehensive discharge planning with postdischarge support for older patients with congestive heart failure. *JAMA*. 2004; 291:1358-1367. Prevention of pneumococcal disease: Recommendations of the Advisory Committee on Immunization Practices (ACIP). *Morbidity and Mortality Weekly Report*. Apr 4, 1997;46(RR-08):1-24. ACC/AHA 2005 Clinical Performance Measures for Adults with Chronic Heart Failure. *Journal of the American College of Cardiology*. 2005;46:1145-1178. Fiore FE, Shay DK, Haber P, et al. Prevention and control of influenza: Recommendations of the Advisory Committee on Immunization Practices (ACIP), 2007. *Morbidity and Mortality Weekly Report*. Jul 3, 2007; 56(RR-06):1-54.

<b>Common Cardiac Medications</b>	s		
Platelet Inhibitors: Salicylates	Anticoagulants:	Diuretics	Lipid-Regulating Agents (con't):
Aspirin	Bivalirudin	Bumetidine	Gemfibrozil
	Fondaparinux	Furosemide	
Angiotensin Converting Enzyme Inhibitors	Low-Molecular Weight	Torsemide	HMG-CoA Reductase Inhibitors
(ACE-I)	Heparins		Atorvastatin
Captopril	Dalteparin or Enoxaprin	Lipid-Regulating Agents:	Fluvastatin
Enalopril	Unfractionated Heparin	Bile Acid Sequestrants	Lovastatin
Fosinopril	Warfarin – Coumadin	Cholestyramine	Pitavastatin
Lisinopril		Colesevelam	Pravastatin
Perindopril	Beta Blockers	Colestipol	Rosuvastatin
Quinapril	Carvedilol		
Ramapril	Metoprolol tartrate	Cholesterol Absorption Inhibitors	Nicotinic Acid Derivatives
Trandolapril		Ezetimibe	Niacin
	Calcium Chanel Blockers		Omega-3 Fatty Acid Esters
Angiotensin Receptor Blockers (ARB)	Diltizem	Combination Agents	
Candesartan	Verapamil	Vytorin	Platelet Inhibitors: Thienopyridines
Losartan		Fibric Acid Derivatives	Clopidigrel
Valsartan	Cardiac Glycosides	Fenobirate	Prasugrel
	Digoxin	Fenobirate Micronized	
		Fenofibrate nanocrystallized	Potassium supplements
www.zynx.com		Fenofbric Acid	Potassium chloride

So What is Your Role in Heart Failure?

ROLE OWNER **DESCRIPTION** 

Complete physical examination and evaluation
Inpatient orders should include: ACE/ARB, Beta Blocker for those with LVEF < 40%; anticoagulant for those with A-fib.  •Contact the physician if medication orders are not appropriate or a contraindication is noted. •Complete pharmacy-facilitated discharge rounding for medication review and patient/caregiver education least once prior to patient discharge or transfer to other site of care to assure appropriate and complete discharge medications and help assure patient/caregiver understanding of medication regimen. • Complete pharmacy review of discharge medication orders to assure appropriateness and completeness discharge medications. Contact physician if orders are missing, not appropriate or a contraindication is not discharge reducation.  • Check for complete vaccination status or documentation of contraindications and smoking cessation education status. • Check discharge planning for complete education, medications and post discharge follow up care /transit of care to ambulatory plan, including follow up appointments • Notify physician if orders are missing or not complete for documentation of contraindications. • Verify LVEF results or scheduled test in chart. If not notify radiology/echo tech.  Radiology/Echo  • Verify date of last echo/results of ejection fraction and availability of results in medical record. If no result
Manager – Case Manager begin on admission  education status.  • Check discharge planning for complete education, medications and post discharge follow up care /transit of care to ambulatory plan, including follow up appointments  • Notify physician if orders are missing or not complete for documentation of contraindications.  • Verify LVEF results or scheduled test in chart. If not notify radiology/echo tech.  Radiology/Echo  • Verify date of last echo/results of ejection fraction and availability of results in medical record. If no results
<b>-</b>
new study needed, contact physician.
• When getting report from ED nurse, verify completion of vaccination status, need for influenza and/or pneumococcal vaccination, smoking cessation counseling and complete at first opportunity.  • Start discharge education including: activity level, diet, discharge medications, follow-up appointment, weight monitoring, and what to do if symptoms worsen on admission.  • Complete nursing or multi-disciplinary heart failure care plan.  • Verify completion of education, immunizations & complete medications prior to completion of discharge.
•Complete physical examination and evaluation •If heart failure suspected, implement heart failure pre-printed/electronic order set for selection of:  - chest radiography, routine labs including BNP or NT-proBNP level, lipid profile per & ECG- 2010 Comprehensive heart Failure Practice Guidelines*.  Guidelines for selections are on the pre-printed/electronic evidenced-based order sets, in the Zynx tools  www.zynx.com, on the, IHI and AHRQ web sites and the physician i-phone/droid software application.  *Evaluation of myocardial ischemia is recommended in those who develop new-onset LV systolic dysfunction.  The choice of testing modality and timing should depend on the clinical suspicion and underlying risk factor

<sup>\*</sup>HFSA – Heart Failure Society of America; ACC American College of Cardiology

**Acute Myocardial Infarction** (AMI), as defined in the D2B project, is the core measure diagnosis where the process is measured in minutes and outcomes are measured by mortality. As a result of this, a focus of improvement initiatives related to AMI care is streamlining processes to shorten the time required to open an affected

artery or arteries during a heart attack. Particular attention must be paid to minimizing the steps involved in diagnosing a heart attack and getting patients reperfused as rapidly as possible. The next step is to assure that every patient receives the right medications throughout hospitalization and discharge. The last step is to ensure that the patient/caregiver understands and engages in appropriate follow up care, regardless of whether that is at home, in cardiac rehabilitation, long term care or something in between.

The American College of Cardiology (ACC) and the American Heart Association (AHA) have worked with clinicians to develop guidelines for care based on the evidence and to promote awareness of evidenced-based care in the community. The total number and type of care components a patient receives during the hospital course and post-discharge vary based on clinical condition and other co-morbidities. However, cardiologists and expert panels have reached broad consensus around a core set of care components that should be provided to all patients with an AMI, unless a clear contraindication exists and is documented in the medical record. The American College of Cardiology/American Heart Association Task Force on Performance Measures included the following components in their recommended guidelines and measures for AMI care:

- Aspirin within 24 hours of hospital arrival and at discharge
- Beta-blocker at discharge
- ACE-inhibitor or angiotensin receptor blockers (ARB) at discharge for patients with systolic dysfunction
- Timely initiation of reperfusion (thrombolysis within 30 min or percutaneous intervention within 90 min)
- Smoking cessation counseling

Outcome measure: AMI 30 day mortality rate.

Ischemic symptoms, quality of care and mortality during myocardial infarction. Heart 2008;94:e2 doi:10.1136/hrt.2006.111674 electronic pages. EB Scheibert., J.S. Rumsfeld., H.M. Krumholz, F.A. Masoudi., K.J.Reid., J.A. Spercus.Dr. E.B. Scheibert. National Heart Lung, and Blood Institute. National Institute of Health. 10 Center Drive, Room B1D416, MSC 1061, Bethesda, MD 20892-1061, USA. Dr E B Scheibert, National Heart, Lung, and Blood Institute, National Institutes of Health, 10 Center Drive, Room B1D416, MSC 1061, Bethesda, MD 20892-1061, USA; scheiberteb@nhlbi.nih.gov

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Common Cardiac Medica	tions		
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Aspirin	Bivalirudin	Bumetidine	HMG-CoA Reductase Inhibitors
	Fondaparinux	Furosemide	Atorvastatin
Angiotensin Converting Enzyme Inhibitors	Low-Molecular Weight	Torsemide	Fluvastatin
(ACE-I)	Heparins		Lovastatin
Captopril	Dalteparin or Enoxaprin	Lipid-Regulating Agents:	Pitavastatin
Enalopril	Unfractionated Heparin	Bile Acid Sequestrants	Pravastatin
Fosinopril	Warfarin – Coumadin	Cholestyramine	Rosuvastatin
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Perindopril	Beta Blockers	Colestipol	Nicotinic Acid Derivatives
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	Calcium Chanel Blockers		Platelet Inhibitors: Thienopyridines
Angiotensin Receptor Blockers (ARB)	Diltizem	Combination Agents	Clopidigrel
Candesartan	Verapamil	Vytorin	Prasugrel
Losartan		Fibric Acid Derivatives	
Valsartan	Cardiac Glycosides	Fenobirate	Potassium supplements
	Digoxin	Fenobirate Micronized	Potassium chloride
		Fenofibrate nanocrystallized	
		Fenofbric Acid	
		Gemfibrozil	
https://www.zynx.com			

#### So What is Your Role in AMI?

ROLE OWNER	DESCRIPTION
EMS*	•*Complete pre-hospital 12-lead ECG with activation of cath-lab prior to arrival – goal time- 30 min or less ECG to hospital door*
	Participate in routine process review and 100% review of cases not meeting timliness

Triage Nurse:	Complete 30-60 second chest pain assessment for ACS symptoms.
	•Implement chest pain Triage protocol/guidelines if symptoms present including completion of ECG <5 min.
	Notify ED physician if LBB or ST segment changes
	• goal time – <30 min ED door to Cath lab goal (Door to Balloon <90 min. best practice ≤60 min*)
ED Physician:	Complete physical assessment and evaluation
	•Implement pre-printed/electronic order set**:
	- labs troponin-I, troponin-T, LDL-C on admit or w/in 24 hrs, Creatinine, Hg, HCT. CK-MB by mass assay if
	troponin not avail.; 12-lead ECG if not completed in field by EMS; etc.
	routine labs including troponin level, lipid profile & ECG-ACC AHA*
	Pre-printed/electronic orders and guidelines are availablein the zynx tools <u>www.zynx.com</u> , on the IHI site at <u>www.ihi.orq</u> , the AHRQ and
	the American College of Cardiology <a href="http://www.d2balliance.org/web">http://www.d2balliance.org/web sites</a> , and the physician i-phone/droid software application.
	• Activate the cath lab – one call process to activate without waiting for cardiologist review is best practice
Cath Lab Team	Participate in routine process review and 100% review of cases not meeting timliness
Catil Lab Team	• Arrive and Cath lab team be ready in 30 min – *best practice 20 minutes
ED Staff:	Participate in routine process review and 100% review of cases not meeting timliness
ED Stail.	•Complete expeditious prep of patient, including limited assess with pre-printed standardized orders for IV
	access, groin prep, Reopro etc.**
	•Transport to cath lab when 2 of 3 present with "ready call".
	•Transport hospital to hospital transfers directly to cath lab when 2 of 3 present with "ready call".
Cardiologist:	Participate in routine process review and 100% review of cases not meeting timliness
Cardiologist.	•Complete brief assess in ED or cath lab if missed in ED
	•Initiate reperfusion with goal time <30 min w/thrombolysis or <90 min w/PCI - best practice is <60 min.
Pharmacist	Complete routine process review and 100% review of cases not meeting timliness
Filarillacist	• Review all medication orders for completeness and appropriateness prior to administration of the first dose.
	-orders should include: ACE/ARB, Beta Blocker for those with LVEF < 40%; anticoagulant for those with A-fib,
	Lipid regulating agent;
	•Contact physician if not appropriate or a contraindication is noted.
	Complete pharmacy review of discharge medication orders to assure appropriateness and completeness of discharge medications, contact physician to receive discrepancies if any noted.
Proactive Chart	discharge medications – contact physician to resolve discrepancies if any noted.
Manager – Case	Check for complete vaccination status or documentation of contraindications, smoking cessation and other education needs and status.
Manager begin on	
admission	• Check discharge planning for complete education, medications and post discharge follow up care /transition
	of care to cardiac rehab or other ambulatory plan, including follow up appointments.
ICU/Non-ICU	Notify physician if orders are missing or not complete for documentation of contraindications.  Complete assessment and start ANI pursing or multidisciplinary plan.
Unit RN:	<ul> <li>Complete assessment and start AMI nursing or multidisciplinary plan.</li> <li>Verify vaccination status/need for influenza and/or pneumococcal vaccination and complete at first</li> </ul>
	opportunity.  •Begin discharge education including: smoking cessation counseling needs, activity level, diet, discharge
	medications, follow-up appointment, weight monitoring, and what to do if symptoms worsen.
	Verify completion of education, immunization & complete D/C medications s prior to completion of
	discharge.
	uischarge.
Attending/primary	Complete physical examination & evaluation
Physician:	Implement AMI pre-printed/electronic order sets for selection of:
	- routine labs including lipid profile per –ACC/AHA guidelines*
	Guidelines for selections are on the pre-printed/electronic evidenced-based order sets, in the Zynx tools
	<u>www.zynx.com</u> , on the, IHI and AHRQ web sites and the physician i-phone/droid software application.
	www.zynn.com, on the, i'll and Arma web sites and the physician i-phone/arola software application.
*Pradlov EH Poumanic Co	A et al. Achieving door-to-balloon times that meet quality guidelines; how do successful hospitals do it? <i>J Am Coll Cardiol</i> , 2005 Oct

<sup>\*</sup>Bradley EH, Roumanis SA, et al. Achieving door-to-balloon times that meet quality guidelines: how do successful hospitals do it? *J Am Coll Cardiol.* 2005 Oct 4;46(7):1236-1241. Bradley EH, Curry LA, et al. Achieving rapid door-to-balloon times: how top hospitals improve complex clinical systems. *Circulation.* 2006 Feb 28;113(8):1079-1085. Epub 2006 Feb 20. Bradley EH, Herrin J, et al. Strategies for reducing the door-to-balloon time in acute myocardial infarction. *N Engl J Med.* 2006 Nov 30;355(22):2308-2320. The American College of Cardiology <a href="https://www.d2balliance.org/">https://www.d2balliance.org/</a>